

## Priya Sisters (Raamanaama Payasake)

Composer : Purandaradasar; Language : Kannada; Ragam : Bheemplas; Talam : Rupakam

पल्लवी

राम नाम पायसके, कृष्ण नाम सक्करे  
विट्टल नाम तुप्पव कलसि बायि चप्परिसो

अनुपल्लवी

उम्मान गोदिय तन्दु वैराग्य कल्लल्लि बीसि  
सुम्मने सज्जिगे तगदु गम्मन शाविगे होसेदु ॥

राम नाम पायसके, कृष्ण नाम सक्करे  
विट्टल नाम तुप्पव कलसि बायि चप्परिसो

चरणम्

हृदयविम्बो मडिगेयल्लि भावविम् एसर निट्टु  
बुद्धि एम्बो पाकमाडि हरिवणगे बडिसिकौडु  
आनन्द, आनन्दविम्बो तेगु बन्दितु काणिरो  
आनन्द मूरुति नम्म पुरन्दर विट्टल नेनेयिरो ॥

राम नाम पायसके, कृष्ण नाम सक्करे  
विट्टल नाम तुप्पव कलसि बायि चप्परिसो

To the Payasa of name Rama, (add) Krishna nama sugar, Mix ghee of name vittala. Enjoy the mouth-watering taste!

Get your full heart (mana) as wheat, grind it using the stone of detachment (vairagya), Extracting the softened mix (from it), Prepare the (gammana) delicious shavige (sweet dish).

In the pot named heart, Keep/Place "Ahamkara/I" emotion (pride) in that, Prepare the paka (sugary/jaggery mixture) using intellect, Get them pounded by Hari's/God's (pounding) stick, See/experience the happiness that comes as birp to you. Constantly remember Purandara Vittala the assimilation (idol) of Ananda/happiness